Simmering the Stew: Ingredients for Building and Maintaining an Antimicrobial Stewardship Program



Marion Elligsen and Jennifer Lo

74th Annual CSHP Ontario Branch Conference
November 19, 2022

Presenter Disclosure

- Presenter's Name: Marion Elligsen
- I have the Relationships with commercial interests:
 - Speaker/Consulting Fees: Merck
- Speaking Fees for current program:
 - I have received no speaker's fee for this learning activity

Presenter Disclosure

- Presenter's Name: Jennifer Lo
- I have no current or past relationships with commercial entities
- Speaking Fees for current program:
 - I have received no speaker's fee for this learning activity

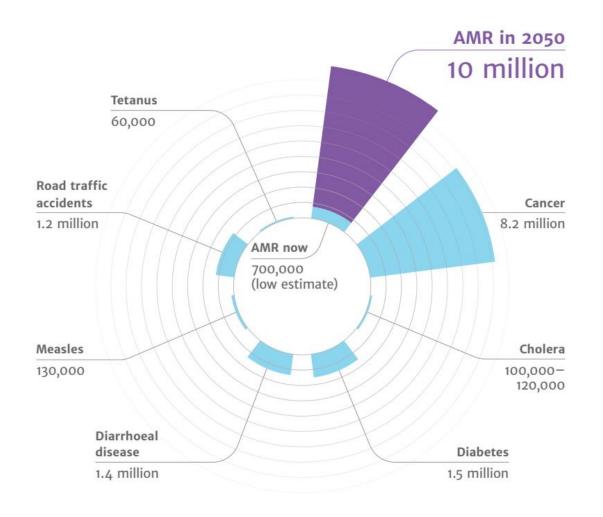
Commercial Support Disclosure

 This program has received no financial or in-kind support from any commercial or other organization

Learning Objectives

- By the end of this session, the learner will be able to:
 - 1. Describe and understand the key aspects of antimicrobial stewardship (AMS)
 - 2. Review key components of the Sunnybrook AMS program
 - 3. Examine eight effective strategies for building and maintaining an AMS program

Antimicrobial Resistance is a Public Health Threat



When Antibiotics Fail

	In 2018	By 2050
Resistance	26% of infections are resistant to drugs generally used to treat them	Resistance rate likely to grow to 40%
Lives lost in Canada due to AMR	5,400 per year	13,700 per year
AMR costs to healthcare system	\$1.4 billion per year	\$7.6 billion per year

Managing Antimicrobial Resistance

Antimicrobial Stewardship	Surveillance
 Prospective audit-and-feedback Treatment guideline development Microbiology cascade reporting Microbiology antibiograms Formulary restrictions Prescriber education 	 Antimicrobial resistance Antimicrobial use
Infection Prevention and Control	Other
Hand hygieneIsolation precautionsEnvironmental disinfection	New antimicrobial therapiesRapid diagnosticsPublic AwarenessPolicy changes

What is Antimicrobial Stewardship?

"Coordinated interventions designed to improve and measure the appropriate use of [antibiotic] agents by promoting the selection of the optimal [antibiotic] drug **regimen** including **dosing**, **duration** of therapy, and **route** of administration"

Antimicrobial Stewardship Programs in Canada

 Since 2013, antimicrobial stewardship has been an Accreditation Canada Required Organizational Practice (ROP) for facilities providing inpatient acute care, inpatient cancer, inpatient rehabilitation and complex continuing care services.



Accreditation Canada Required Organizational Practice in Acute Care



MAJOR

- 1. An antimicrobial stewardship program has been implemented.
- 2. The program specifies who is accountable for implementing the program.
- 3. The program is interdisciplinary, involving pharmacists, infectious diseases physicians, infection control specialists, physicians, microbiology staff, nursing staff, hospital administrators, and information system specialists, as available and appropriate.
- 4. The program includes interventions to optimize antimicrobial use.

MINOR

1. The program is evaluated on an ongoing basis and results are shared with stakeholders in the organization.

Accreditation Canada. Required organizational practices: 2020 handbook. Ottawa, ON: Accreditation Canada; 2020.

Learning Objectives

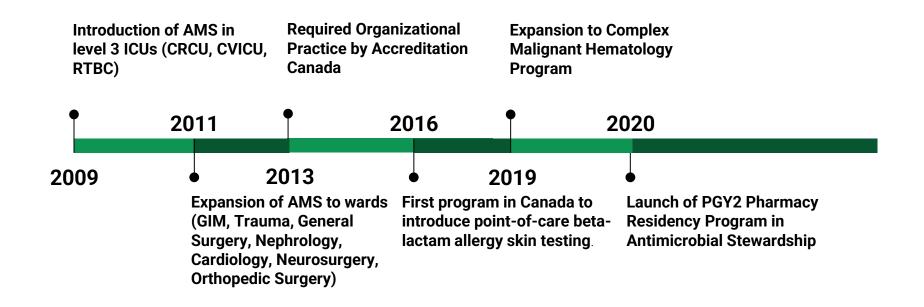
- By the end of this session, the learner will be able to:
 - 1. Describe and understand the key aspects of antimicrobial stewardship (AMS)
 - 2. Review key components of the Sunnybrook AMS program
 - 3. Examine various effective strategies for building and maintaining an AMS program

Q#1. What strategies are used in your practice setting to promote Antimicrobial Stewardship principles

(select all that apply)

- a) Antibiotic Restrictions
- b) Antibiotic order forms or order sets
- c) Audit-and-Feedback
- d) Lab-based interventions
- e) Education
- f) Guidelines
- e) Other

Antimicrobial Stewardship at Sunnybrook Health Sciences Centre



Sunnybrook Audit and Feedback Program



 SPIRIT database identifies all patients admitted to Level 3 ICU and wards on day 3, 7 or 14 of broad-spectrum antibiotics



- AMS Pharmacist work-up of all identified patients via electronic & paper charts
- Identify opportunities to optimize therapy & formulate suggestions



AMS Pharmacist reviews & formalizes suggestions with ID physician on service



AMS Pharmacist communicates suggestions to MRP and write assessment note in SunnyCare

Antimicrobial Stewardship Work-Up

Does this patient need an antimicrobial?





NO

Optimize:

- Antimicrobial selection
- Dosing
- Route
- Duration of therapy



To Maximize

Clinical Cure

or

Prevention of Infection

Limit:

· Inappropriate antimicrobial use



To Minimize

Unintended

Consequences:

- · Emergence of resistance
- Adverse drug events
- Selection of pathogenic organisms (e.g., C. difficile)
- Cost

 Dellit T. et al, IDSA/SHEA Guidelines for Developing an Institutional Program to Enhance Antimicrobial Stewardship. CID 2007: 44: 159-77.

Antimicrobial Stewardship at Sunnybrook Health Sciences Centre

Clinical

- Audit and feedback program
- Guideline development
- Order set development

Research and Quality Improvement

- IDEAS (1)
- Long-term sustainability and Acceptance of ASP in ICU (2)

Education

- Clinical rotations for pharmacy and medical trainees
- Year 2 residency program
- Education sessions
- Clinical shadowing

- 1. Clin Infect Dis 2021; 73(2): e417 e425.
- 2. Crit Care Med 2021; 49 (1): 19 26.

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Q#2. What is the most common cause of inappropriate antibiotic prescribing you observe?

- a) Excessive durations
- b) Treatment of non-infectious presentations with antibiotics
- c) Treating cultures that represent colonization or contamination
- d) Unnecessary prophylaxis

#1. Use system-based solutions for common problems

- Addressing reflexive prescribing
 - Antibiotic prescriptions started in response to a positive culture representing colonization or contamination rather than infection
 - Superficial Wound Swabs
 - Urine Cultures

System based solutions: Superficial Wound Swabs

Background:

- Superficial wound swabs are one of the most common clinical specimens submitted to hospital microbiology laboratories.
- However, their clinical utility is questionable as they often isolate organisms colonizing the external layers of the wounds and may trigger unnecessarily broad therapy.

Q score for rating acceptability of non-sterile swabs:

		Squamous epithelial cells			
	Cells/LPF	0	1-9	10-25	>25
	0	3	0	0	0
cells	1-9	3	0	0	0
WBC	10-25	3	1	0	0
	>25	3	2	1	0

Green = Processed Swabs Red = Rejected Swabs

Microbiology Report

Specimen Source: SKIN SWAB Special Requests: NONE Microscopy: Specimen will not be processed further as the microscopic exam shows epithelial cells with minimal inflammation. Culture may re present colonization. If this was an operative or biopsy specimen, call 4242 within 48 hrs to request workup. Report Status: FINAL Report Status: 2021/05/05

Impact of Rejection of Low-Quality Wound Swabs on Antimicrobial Prescribing: A Controlled Before-After Study

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Xavier Marchand-Senécal <sup>1</sup>, Ian A Brasg <sup>2</sup>, Robert Kozak <sup>1</sup>, Marion Elligsen <sup>1</sup>, Christie Vermeiren <sup>1</sup>, Antoine J Corbeil <sup>1</sup>, Kevin R Barker <sup>1</sup>, Kevin Katz <sup>1</sup>, Jeff E Powis <sup>3</sup> <sup>4</sup>, Wayne L Gold <sup>5</sup> <sup>4</sup>, Jerome A Leis <sup>1</sup> <sup>4</sup>
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Affiliations + expand

PMID: 33511234 PMCID: PMC7813205 DOI: 10.1093/ofid/ofaa609

	Baseline		Intervention	
	Low-quality n=140	High-quality N=82	Low-quality N=242	High-quality N=192
Reflexive antibiotic prescription	14 (10.0)	6 (7.3)	11 (4.5)	18 (9.4)
Discontinuation of antibiotic by Day 5	6 (4.3)	6 (7.3)	23 (9.5)	14 (7.3)

System-based solutions: Urine cultures

Background:

	Low Colony Count (10 ⁴ to 10 ⁵ CFU/mL)	High Colony Count (≥10 ⁵ CFU/mL)
N	349	333
Clinical status		
Asymptomatic bacteriuria	314 (90)	272 (82)
UTI	35 (10)	61 (18)
Bacteremic UTI	6 (2)	10 (3)
Outcome		
Treatment of ASB	83 (38)	121 (50)
Average DOT per patient for ASB	2.21	2.82

Smith MA, Puckrin R, Lam PW, Lamb MJ, Simor AE, Leis JA. Association of Increased Colony-Count Threshold for Urinary Pathogens in Hospitalized Patients With Antimicrobial Treatment. JAMA Intern Med. 2019 Jul 1;179(7):990-992.

System-based solutions: Urine cultures

Intervention:

Comments from the Lab

Specimen Source: URINE, MIDSTREAM

Special Requests: NONE

Culture: Low colony counts of organisms. This usually represents asymptomatic bacteriuria

or contamination, not requiring treatment. If patient is pregnant, will have a urological

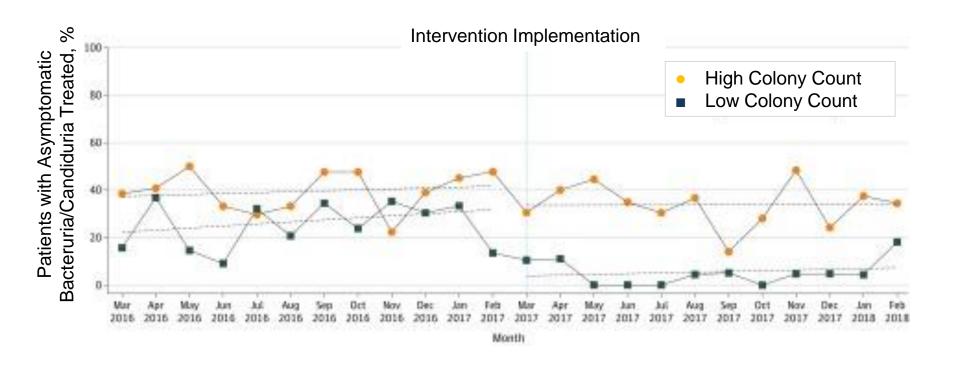
procedure or has typical UTI symptoms, call Shared Hospital Laboratory within

Culture: 48 hours to request further workup.

Report Status: FINAL

Report Status: 2020/11/16

System-based solutions: Urine cultures



Smith MA, Puckrin R, Lam PW, Lamb MJ, Simor AE, Leis JA. Association of Increased Colony-Count Threshold for Urinary Pathogens in Hospitalized Patients With Antimicrobial Treatment. JAMA Intern Med. 2019 Jul 1;179(7):990-992.

#2. Make friends

- Information Technology/Systems
- Microbiology
- Medical and nursing teams
- Other hospitals







#3. Treat your peer group with respect

- Respect the practices of other pharmacists
- Give them the tools and assistance to apply AMS principles
- Listen to their concerns we don't know what we don't see, and they see so much more than we possibly can!



#4. Find strong physician champions

- Physician leadership is important
- They should be compensated for their time
- Our model involves all of the ID staff
 - Stipend split among all the ID on-call for their time to review AMS cases
 - Dedicated funding for Medical Director of AMS



Nick Daneman 2009 - 2014



Jerome Leis 2014 - 2020



Philip Lam 2020 - present



#5. Inspire others to be chAMpS

- Examples: PGY2, PGY1 rotations, TTR, ID Fellows
- While a lot of work pays to have to opportunity to shape their practice early in their career

PGY2 AMS Pharmacy Residents

Jenny Curran

Pharmacotherapy

Specialist, Sinai

Health System/

Network

University Health

ASP



Marina
Simeonova
CPS - Infectious
Diseases and
Antimicrobial
Stewardship, Island
Health

PGY1 Pharmacy Resident

Linda Li

Hospital

ASP Pharmacist.

North York General



Stephanie Hsieh
ASP Pharmacist,
Scarborough Health
Network

APPE Pharmacy Students

MSc Pharmacy Student



Allison Barre
Clinical
Pharmacist/Infectious
Disease Clinic
Pharmacist, Southlake
Regional Health
Centre



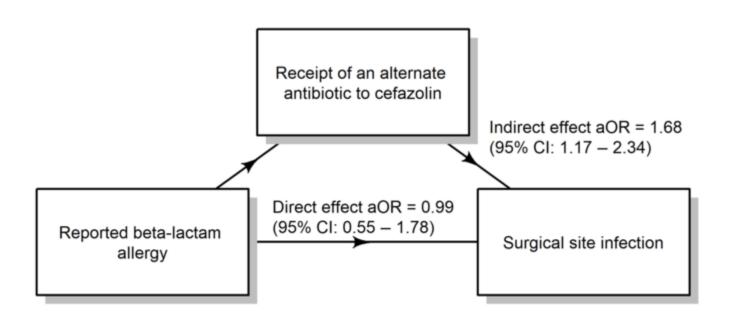
Renaud Roy ICU and Infectious Diseases Pharmacist, Jewish General Hospital

6. Get Data

 IF you think there's a problem – review the charts (students!!), create "the burning platform" for change

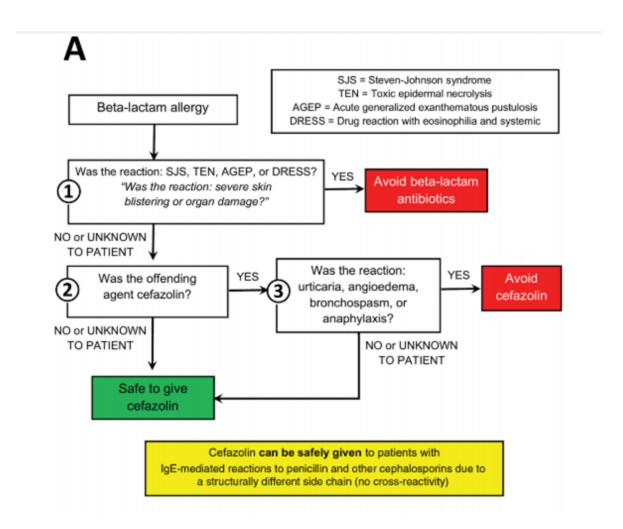


Improving Pre-operative Cefazolin Use in Patients with Reported Beta-Lactam Allergy Undergoing Elective Surgery MSc Thesis by: Dr. Philip Lam



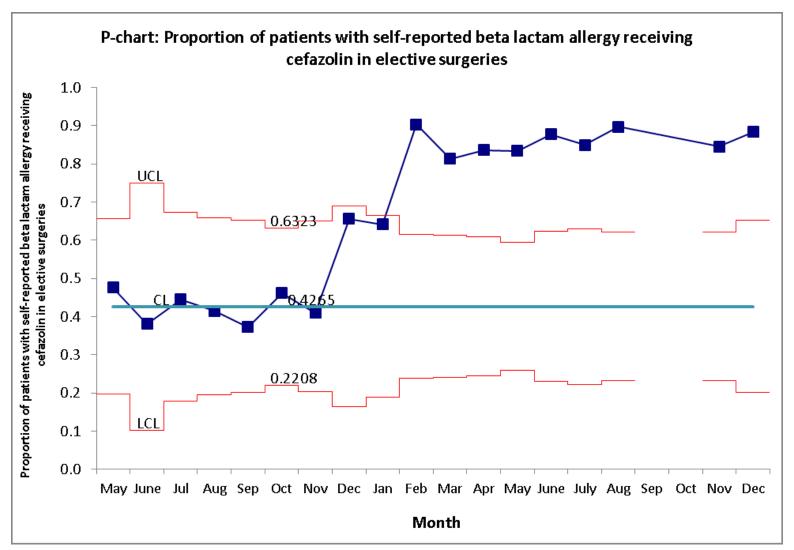
Lam PW, Tarighi P, Elligsen M, Gunaratne K, Nathens AB, Tarshis J, Leis JA. Self-reported beta-lactam allergy and the risk of surgical site infection: A retrospective cohort study. Infect Control Hosp Epidemiol. 2020 Apr;41(4):438-443.

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Improving Intrapartum Group B Streptococcus Prophylaxis in Patients with a Reported Penicillin or Cephalosporin Allergy: A Quality Improvement Project Residency project by: Linda Li

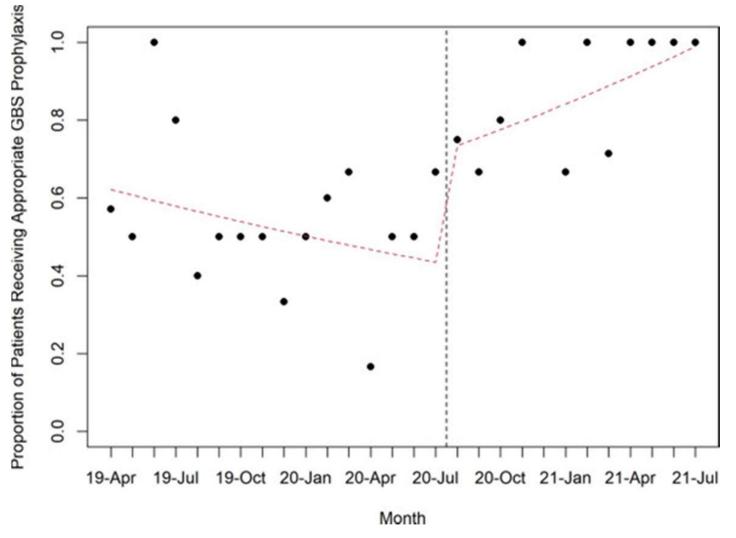
Background:

- Penicillin G is the drug of choice for neonatal Group B Streptococcus (GBS)
 prophylaxis, while use of non-beta-lactam agents have been frequently
 used for patients with severe IgE-mediated reactions.
- There is strong evidence that demonstrates cefazolin can be safely used in patients with a history of penicillin allergy.

Intervention:

 Modified order sets and educational interventions were implemented in the Womens and Babies Program in July 2020.

Improving Intrapartum Group B Streptococcus Prophylaxis in Patients with a Reported Penicillin or Cephalosporin Allergy: A Quality Improvement Project



Li LX, et al Improving Intrapartum Group B Streptococcus Prophylaxis in Patients with a Reported Penicillin or Cephalosporin Allergy: A Quality Improvement Project. J Obstet Gynaecol Can. 2022 Mar 22;S1701-2163(22)00239-0.

#7. Build Your Resources

- Shared resources
 - Clinical Guidelines
 - Antibiograms
 - Educational Materials
- Reaching out to your AMS/healthcare/other colleagues
 - Twitter
 - FirstLine

Q#3. Do you have access to a local antibiogram?

- a) Yes
- b) Yes but it's outdated
- c) No
- d) I don't know

Build Your Resources: Clinical Guidelines

National/International Guidelines

Regional/Local Guidelines

Institutional Guidelines

Pneumonia

AMERICAN THORACIC SOCIETY DOCUMENTS Diagnosis and Treatment of Adults with Community-acquired Pneumonia An Official Clinical Practice Guideline of the American Thoracic Society and Infectious Diseases Society of America Joshua P. Metlay', Grant W. Waterer', Ann C. Long, Antonio Anzueto, Jan Brozek, Kristina Crothers, Laura A. Cooley, Nathan C. Dean, Michael J. Fine, Scott A. Flanders, Marie R. Griffin, Mark L. Metersky, Daniel M. Musher, Marcos I. Restrepo, and Cynthia G. Whitney; on behalf of the American Thoracic Society and Infectious Diseases Society of America The SPROM, LANDAR PRICTICE GUIDELINE WAS MYROAD BY THE AMERICAN THORACE SOCIETY MAY 2019 AND THE INTECTION DISEASES SOCIETY OF AMERICA ADMINISTRATION.

Background: This document provides evidence-based clinical practic guidelines on the management of adult patients with community-acquired pneumonia.

Methods: A multidisciplinary panel conducted pragmatic

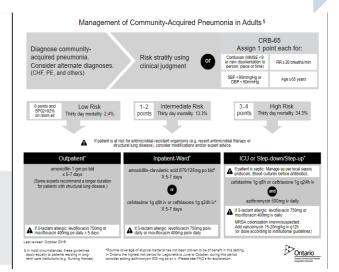
Methods: A multidisciplinary panel conducted pragmatic systematic reviews of the relevant research and applied Grading of Recommendations, Assessment, Development, and Evaluation methodology for clinical recommendations.

Results: The panel addressed 16 specific areas for recommendations spanning questions of diagnostic testing, determination of site of care, selection of initial empiric antibiotic therapy, and subsequent

management decisions. Although some recommendations remain unchanged from the 2007 guideline, the availability for results from new therapeutic trials and epidemiological investigations led to revised recommendations for empiric treatment strategies and additional management decisions.

Conclusions: The panel formulated and provided the rationale for recommendations on selected diagnostic and treatment strategies for adult patients with community-acquired pneumonia.

Keywords: community-acquired pneumonia; pneumonia; patier management



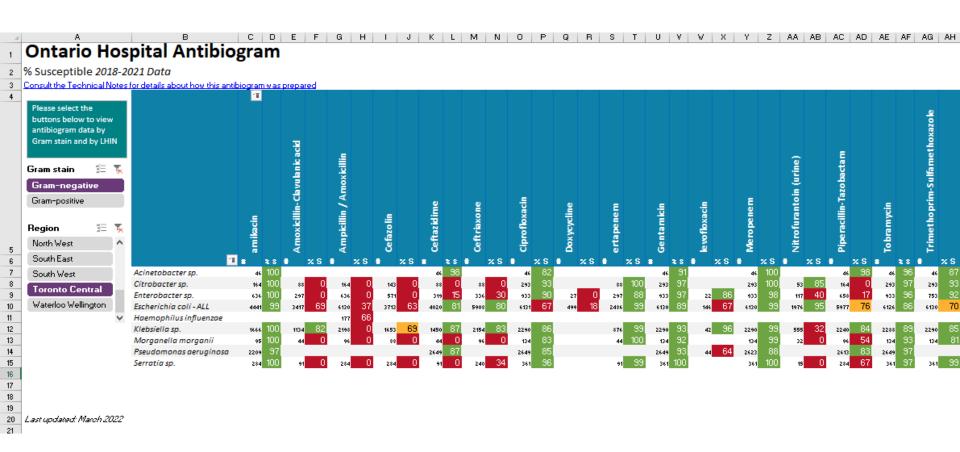


IDSA. https://www.idsociety.org/

SHS+UHN ASP. https://www.antimicrobialstewardship.com

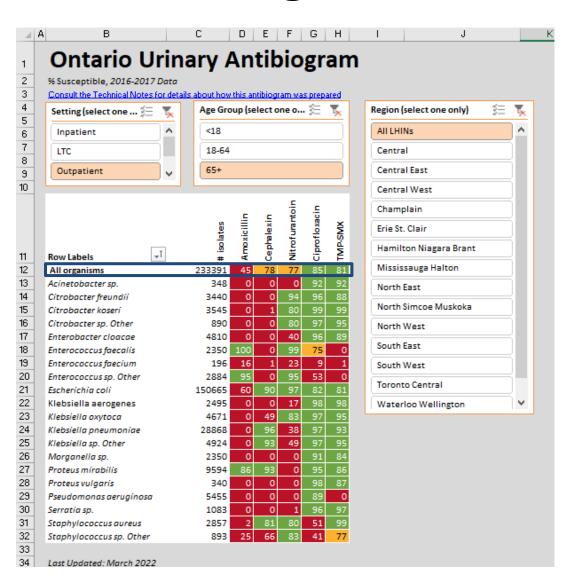
Sunnybrook AMS App. https://www.sunnybrook.ca/antimicrobialstewardship

Build Your Resources: Regional Antibiograms



Public Health Ontario. Ontario hospital antibiogram, 2022 https://www.publichealthontario.ca/en/health-topics/antimicrobial-stewardship/asp-comparison-tool

Build Your Resources: Regional Antibiograms

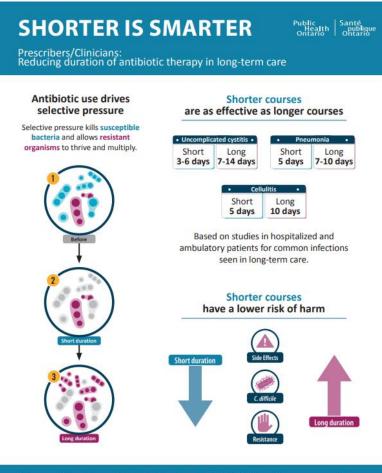


Urinary "WISCA"

- Weighted-incidence syndromic combination antibiogram
- Urine culture and susceptibility data obtained from Ontario Laboratory Information System (OLIS) via ICES
- Data from Jan 1, 2016 to Dec 31, 2017 included

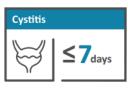
Public Health Ontario. Ontario hospital antibiogram, 2022 https://www.publichealthontario.ca/en/health-topics/antimicrobial-stewardship/asp-comparison-tool

Build Your Resources: Educational Materials



Public Health Ontario Santé publique Ontario

Shorter is Smarter: Reducing Duration of Antibiotic Treatment for Common Infections in Long-Term Care



Key Points 1,2,3

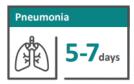
- For uncomplicated cystitis, evidence supports 3 days of TMP-SMX (Septra, Bactrim) or ciprofloxacin, or 5 days of nitrofurantoin.
- For complicated cystitis, evidence supports 7 days of treatment.
 This includes males with cystitis, catheterized residents and urological abnormalities.
- For pyelonephritis, longer courses of 7 to 14 days is appropriate.
- Asymptomatic bacteriuria should NOT be treated in long-term care.
 For more information see Duration of Antibiotic Treatment for Uncomplicated Urinary Tract Infection in Long-Term care.



Key Points⁴

- Treatment for 5 to 7 days is appropriate as long as there has been some improvement in erythema, warmth, tenderness, or edema.
- Longer courses may be required for severe infections or infections without source control (e.g. requiring debridement).
- · Diabetes alone is not an indication for a longer course.

For more information see Duration of Antibiotic Treatment for Uncomplicated Cellulitis in Long-Term Care.



Key Points^{5,6}

- Treatment for 5 to 7 days is appropriate in residents with pneumonia who are clinically stable and afebrile for 48-72 hours.
- Residents with extra-pulmonary infections or those with documented infections caused by Pseudomonas or Staphylococcus may require longer courses of treatment.

For more information see Duration of Antibiotic Treatment for Pneumonia in Long-Term Care.

Shorter courses of antibiotics, when indicated, are as effective as longer courses with less risk of harm (antibiotic resistance, adverse effects, *C. difficile* infection).

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Ontario

Agency for Health
Protection, and Premotion
Agency do protection of
the protection of the sands

For more information, see Reducing Duration of Antibiotic Treatment for

Common Infections in Long-Term Care or visit publichealthontario.ca/ASPinLTC.

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Public Health Ontario. Antimicrobial Stewardship in long-term care [Internet]. Public Health Ontario. [cited 2022 Sep 22]. Available from: https://www.publichealthontario.ca/en/health-topics/antimicrobial-stewardship/long-term-care

Build Your Resources: Reaching out to your colleagues

An AMS strategy you are not familiar with...?

How to improve management of intra-abdominal infections?

AMS Colleagues

- Pharmacists
- Physicians
- Microbiology

Other Colleagues

- Content Experts
- Web Team
- IT Support



- Email
- Chat
- Listservs
- Twitter
- Message boards

#8. Where there is no evidence – try to find local consensus

- Identify areas of variability in clinical practice
- Work with stakeholders to develop standardized approach
- Examples:
 - Open fracture prophylaxis
 - Intra-abdominal infections

Developing Sunnybrook Open Fracture Prophylaxis Guidelines

- Identifying a need for institutional guidance
- Environmental scan of existing guidelines and practices
- 3. Review of existing literature
- Developing preliminary guidelines
- Input from external content experts (i.e., Orthopedic Surgeons, Physician Assistant)
- Review and Approval by AMS team and hospital committees
- 7. Guideline dissemination



Recommended prophylaxis based on clinical grading

Clinical grading	Etiology	Prophylaxis	Alternative*	Duration
Grade I (wound <1 cm, clean, simple fracture pattern)	Gram positive cocci (S. epidermidis, S. aureus, β-hemolytic streptococci) +/-Gram negative bacilli	Cefazolin 2g IV Q8H	Clindamycin 450mg PO Q6H	Discontinue 24 hours following soft tissue closure
Grade II (wound >1 cm, no extensive tissue damage, simple fracture pattern)	Gram positive cocci (S. epidermidis, S. aureus, β-hemolytic streptococci) +/-Gram negative bacilli	Cefazolin 2g IV Q8H	Clindamycin 450mg PO Q6H	Discontinue 24 hours following soft tissue closure
Grade IIIA (high energy mechanism, extensive soft tissue damage with adequate coverage)	Gram positive cocci (S. epidermidis, S. aureus, β-hemolytic streptococci) + Gramnegative bacilli	Ceftriaxone 1g IV Q24H [‡]	Clindamycin 450mg PO Q6H + Tobramycin or Gentamicin 5-7mg/kg (ABW) Q24H	Up to 72 hours after injury but not greater than 24 hr following soft tissue closure
Grade IIIB (Grade IIIA with inadequate coverage, wound contamination) Grade IIIC (Grade IIIB with arterial injury requiring repair, concerns for limb preservation)		Ceftriaxone 1g IV Q24H [‡] OR Cefazolin 2g IV Q8H+ Tobramycin or Gentamicin 5-7mg/kg (ABW) Q24H	Clindamycin 450 mg PO Q6H + Tobramycin or Gentamicin 5-7mg/kg (ABW) Q24H	Up to 72 hours after injury but not greater than 24 hr following soft tissue closure If closure is not achieved within 72 hours of injury; use Ceftriaxone to reduce risk of toxicity associated with aminoglycosides



Sunnybrook AMS App. https://www.sunnybrook.ca/antimicrobialstewardship

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References

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Thank You!



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How to Build a Case for an Inpation Antimicrobial Stewardship Program Antimicrobial Stewardship Program

- AMMI Canada has developed a template for building a business case for an ASP funding
- They recommend the following resources for ASPs:
 - Physician: 1.0 FTE per 1000 acute care beds
 - Pharmacist: 3.0 FTE per 1000 acute care beds
 - Administration: 0.5 FTE per 1000 acute care beds
 - Data Analyst: 0.4 FTE per 1000 acute care beds